



Ohio County  
**HEALTHCARE**

Winter 2025

COMMUNITY  
*Highlights & Happenings*  
NEWSLETTER



PROUD TO HAVE A

**5-STAR PATIENT EXPERIENCE RATING**

from CMS's patient survey (HCAHPS)



I am thrilled to share that Ohio County Healthcare has received a prestigious 5-Star Patient Experience Rating from the Centers for Medicare and Medicaid Services (CMS) for the reporting period of January through December 2023!

This recognition places us among the top 8% of hospitals in Kentucky and the top 10% nationwide, which is a tremendous honor for our entire team.

OCH received a 5-Star rating in "Patient Experience" based on survey responses, with 5 stars representing the highest quality of patient care. This rating was calculated by combining scores from questions related to various aspects of patient care, such as: communication with nurses & doctors, staff responsiveness, and the quality of cleanliness. I am honored to say that our patients have recognized the hard work we've put into enhancing these aspects of care.

“

We have focused on enhancing communication, strengthening processes, and fostering a culture of compassion in all aspects of patient care. Our staff has worked relentlessly to ensure that every patient, regardless of their needs, is treated with respect and receives the care they deserve.

**Athena Minor CNCO**

This 5-Star rating reflects the excellent care our staff provides daily, with our commitment to "Outstanding Care Here", which shares the acronym (OCH) with Ohio County Healthcare, evident in every interaction across clinical teams, support staff, and leadership. Our vision drives our dedication to delivering exceptional care at every encounter, in every location. I truly believe that this is a team-wide effort, and our achievement is a testament to the dedication of everyone involved in delivering that care.

The CMS Star Rating evaluation system is designed to promote healthcare transparency to allow consumers to make informed decisions regarding healthcare options. Hospitals can receive ratings in the following areas: mortality, patient experience, readmissions, safety of care, and timeliness & effectiveness of care.

**Questions our patients are asked for this category consists of:**

- How the patient felt about their communication with nurses and physicians,
- Overall responsiveness of the hospital staff,
- Communication regarding medication treatment, discharge instructions, care transitions and the cleanliness of their hospital environment during their stay.

The collected feedback is focused on a patient's inpatient care experience but also indirectly measures their overall patient satisfaction with the full continuum of care in other admission entry points such as the Emergency Department, Surgical Services, and Provider Practices. Ancillary departments like Lab, Radiology, Rehab, Respiratory Therapy, etc. as well as those supporting the organizational infrastructure, such as Admitting, Environmental Services, Maintenance & Nutritional Services have also played vital roles in improving the overall healthcare experience for patients.

While we are very proud of this achievement, we are also dedicated to maintaining and building upon these standards. As benchmarks evolve and healthcare needs change, we remain steadfast in our mission to provide the highest level of care, ensuring the well-being of our communities for years to come.

Serving patients from 14 locations, Ohio County Healthcare includes a Joint Commission accredited hospital and outpatient clinics located in Hartford, Beaver Dam, Owensboro, Fordsville, & Morgantown. Ohio County Healthcare's specialty areas consist of Behavioral Health, Cardiology, Gastroenterology, General Surgery, Gynecology, Primary Care, Orthopedics, Pain Management, and Podiatry. With more than 75 physicians and nurse practitioners, along with over 850 employees, Ohio County Healthcare is committed to providing **"Outstanding Care Here... Every Encounter. Every Location. Every Time."**

Thank you for your continued trust in us. We are honored to be part of your healthcare journey and remain steadfast in our commitment to serving our community.

*Warm regards,*  
**Shellie Shouse,**  
 CEO  
 Ohio County Healthcare



For more information about Ohio County Healthcare, please visit [OCHcares.com](http://OCHcares.com). To learn more about CMS's Patient Experience Star Ratings, visit [Medicare.gov](http://Medicare.gov).

# Google Reviews ★★★★★

In the spirit of our 5 star CMS rating, we'd like to showcase some recent 5-Star Google reviews from our patients:

**Michael Campbell, MD**  
 General Surgery

**G** ★★★★★

Dr. Campbell performed my umbilical hernia repair in 2018, and then, more recently surgically repaired my grandmother's intestinal blockage. Both times he was excellent and caring. Highly recommend! — **Georgia**

**Jordan Pharris, DO**  
 Butler County Family Care

**C** ★★★★★

Dr. Jordan Pharris is fantastic! I just became established with him as my PCP and I'm definitely impressed with how thorough he has been with my care. Wait time is minimal and the support staff is very kind as well. — **Chelsea**

**Amber Westerfield, MD**  
 OCF - Beaver Dam

**S** ★★★★★

Dr. Westerfield is one of the most compassionate and caring doctors I have been to. She seems to genuinely care about patients and in my opinion is very knowledgeable. A good physician who truly listens to concerns. — **Susan**

**Mark McGinnis, MD**  
 Orthopedics

**J** ★★★★★

Very good doctor. Calming manner and does well to communicate problems and solutions. — **Joe**

**OCH Surgical Center**

**J** ★★★★★

My son had minor surgery today. They were efficient, pleasant, and it was a nice, clean surgery center. — **Jody**

**Ohio County Family Care**  
 Hartford

**C** ★★★★★

The facilities were well organized, clean, and the intake booths gave top priority to privacy. The unit was well staffed at 7:30 am. The staff from secretarial, intake, nursing, and medical were professional, efficient, courteous, and friendly.

On my 2nd day of visiting here, needing medical care early in the morning was not on my priority list, but this was a pleasant experience. Thanks to all who helped me! — **Curt**

**Cara Hayden, APRN**  
 OCF - Beaver Dam

**A** ★★★★★

She is AMAZING!! She ALWAYS listens to you! She is SO kind! She ALWAYS has a lovely smile and is eager to see/help you!!

You CAN'T go wrong with her! She is truly the BEST!! — **Aaliyah**

## BE SURE TO REVIEW US.

Your experience matters to us! If you've had a positive visit with our doctors or at our clinics, we'd be grateful if you'd share your thoughts through an online review. Your feedback helps us continue to provide the best care possible and lets others know what they can expect from our services. We truly appreciate your support!



## Butler County Family Care

### New Location Now Open!

Our new clinic, which had been at its previous location since 2014, moved down the street and began seeing patients on Monday, November 18th, in the Morgan Manor Shopping Center, beside IGA.

This space features a range of improvements, including enhanced parking, a larger facility with nine exam rooms, a spacious lobby, and an X-ray suite. All three of our providers—Bruce Durham, MD; Jordan Pharris, DO; and Donna Embry, APRN — offer a comprehensive range of family medicine services for both pediatric and adult patients.

In celebration of the new clinic, Butler County Family Care partnered with the Morgantown Chamber of Commerce to host a ribbon-cutting event on Tuesday, December 17th. Refreshments were provided by Hebrews 12 Coffee, and attendees had the opportunity to tour the new space.

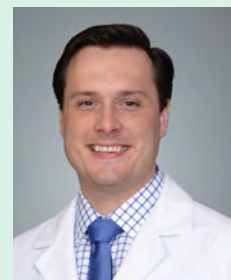
BCFC continues to offer walk-in availability and same-day appointments. Clinic hours are Monday through Friday, with services also available on the 1st & 3rd Saturday of each month.



**Bruce Durham, MD**



**Donna Embry, APRN**



**Jordan Pharris, DO**

**Call 270-526-3137**  
1238 S. Main St., Morgantown, KY

## Orthopedics



**Glenn Henning, DPM**  
SURGICAL PODIATRY

Dr. Henning is a licensed Doctor of Podiatry with over 25 years of experience in foot and ankle trauma, reconstructive surgery, diabetic foot infections and wound care, limb salvage, and routine foot and ankle pathology.

He graduated from Brescia University and Ohio College of Podiatric Medicine. Since 2001, he has been serving the patients of Madisonville, Owensboro, Henderson and Tell City.

**To schedule an appointment, call:**  
**Hartford: 270-504-1300**  
**Owensboro: 270-691-0059**



**Mikel Tihista, MD**  
ORTHOPEDIC SURGEON

Dr. Tihista is a board-certified orthopedic surgeon and specializes in robotic-assisted Total Knee, Partial Knee, & Total Hip replacements, along with Revision Total Knee & Revision Total Hip Arthroplasties. He sees patients in the Hartford outpatient clinic and assists Dr. McGinnis with orthopedic emergency call coverage.

He also helps take care of soldiers at Ft. Campbell as part of his active-duty assignment with the US Army.

**To schedule an appointment, call:**  
**Hartford: 270-504-1300**



**Patrickjason Panzu, MD**  
EMERGENCY ROOM PHYSICIAN

Dr. Panzu is the newest physician in the Emergency department. He has worked in the ER part-time at OCH since 2023 but chose to become full-time because he wanted more direct interaction with the patients.

He earned his Bachelor's degree in Biology from the University of Louisville before completing his medical degree. He then completed his Family Medicine residency at MercyOne Des Moines Medical Center in Iowa, where he gained over 400 hours of emergency room experience.

**In case of emergency, call 911.**

## Landmark Digestive Health

OCH is pleased to welcome Dr. Miguel Lalama and Brittany Davidson, APRN, along with their staff as some of our newest employees.

OCH was able to kick off our new fiscal year with the acquisition of Landmark Digestive Health, an independent gastroenterology practice founded in Owensboro by Miguel & Jessica Lalama.

Dr. Lalama has held privileges with Ohio County Healthcare and performed procedures weekly here since December 2021. Patients will continue to be seen 5 days a week at their current location at 3112 Fairview Drive in Owensboro.

**Please call 270-922-2500 if interested in a new patient appointment.**



**Dr. Miguel Lalama**



**Brittany Davidson, APRN**



**Jessica Lalama**



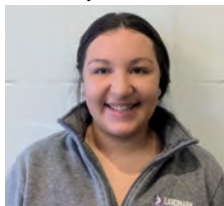
**April Blank**



**Cindy Langer**



**Courtney Douglas**



**Destiny Phelps**



**Hannah Langley**





### Ohio County HEALTHCARE Villa Point

3500 Villa Point, Suite 110,  
Owensboro, KY 42303

**270-691-0059**

Now offering these services in Owensboro:

- Gastroenterology • Pain Management
- General Surgery • Surgical Podiatry
- Orthopedics



### OCH-Villa Point X-ray services

We are pleased to announce that OCH – Villa Point officially went live with X-ray services on November 19th.

Picture: Anthony, 1st patient to receive an x-ray at Villa Point.

### Pain Management Now Available at Villa Point

Ohio County Pain Care expanded to a 2nd location!



Cindy Waltz, APRN

On Friday, November 8th, Cindy Waltz, APRN, began seeing Pain Management patients weekly at our new OCH – Villa Point location.

If you need an appointment in Owensboro, please call 270-691-0059 or speak with your physician to request a referral.

Ms. Waltz will continue to serve patients, along with Dr. Sikka, at the Ohio County Pain Care location at 1215 Old Main St. in Hartford.

### Villa Point Orthopedic WALK-IN CLINIC

Tuesdays & Thursdays | 8 am - 3:30 pm

Wednesdays & Fridays | 8 am - 12 pm  
(Foot and Ankle Only)

Our orthopedic team at Villa Point is available four days a week for walk-ins!

Urgent Bone, Joint and muscle needs, Joint injections, X-ray, Splinting and casting. Patients 12 and up.



Don't let a strain or sprain keep you from your weekend plans!

Gynecology



TIRED OF THE FREQUENT URGES TO GO TO THE BATHROOM?

Congratulations!

A 2024 Healthy KY Champion Award Winner



Elizabeth Ottman, MD

Dr. Elizabeth Ottman offers Axonics® Therapy, a safe, long-lasting treatment clinically proven to help regain bladder and bowel control, at two convenient locations in Owensboro (270-688-6035) and Beaver Dam (270-274-9928).

Talk to your primary care provider about a referral to Dr. Ottman's practice, or visit FindRealRelief.com to learn more!

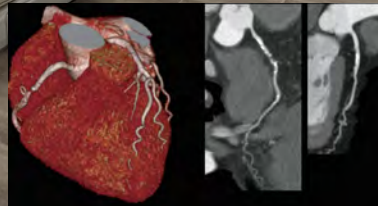
Dr. Elizabeth Ottman is 1 of only 8 individuals across the state to be recognized as a 2024 Healthy Kentucky Champion by the Foundation for a Healthy Kentucky!

Join us in congratulating Dr. Ottman for her contributions to women's health over the past 30 years, which has made a lasting impact for countless women & families in our communities.



NEW CT MACHINE

- Faster Scan Times
- Superior Imaging Resolution
- Improved Patient Comfort



Enhanced Cardiac CT Image

Radiology

Ohio County Healthcare is excited to announce that our new Aquilion Prime SP 160-slice Ultra Helical CT scanner is now live at the OCH main campus!

This major upgrade from our previous 64-slice model offers faster, clearer images with reduced radiation, ensuring better care for all our patients. ACT (Computed Tomography) scan uses X-rays and computer technology to create detailed, non-invasive images of the body's organs, bones, and tissues, helping doctors diagnose injuries, infections, and diseases.

OCH is committed to delivering the highest level of care right here at home. We continually strive to incorporate the latest, most-advanced technology to support your health and wellbeing.

# Susie Gearty

...her orthopedic story

## Mako™ Robotic-Assisted Joint Replacement

Nine months after the opening of its new surgical wing, Ohio County Healthcare has enhanced its surgical capabilities even further by adding Mako SmartRobotics™. This advancement in joint replacement surgery transforms the way total knee and partial knee replacements are performed, by helping surgeons know more and cut less.

Mako SmartRobotics™ combines three key components, 3D CT-based planning, AccuStop™ haptic technology and insightful data analytics, into one platform that has shown better outcomes for total knee and partial knee patients.

“The Mako system allows us to tailor each procedure to the patient’s unique anatomy, enhancing the accuracy of implant placement and optimizing patient outcomes,” said Dr. Mark McGinnis, who performed the first total knee replacement at OCH with the Mako on July 29th. “With Mako’s 3D CT, I can create a personalized plan before surgery, and the robotic arm helps execute it with unmatched precision,

ensuring the best fit and alignment of the implant.”

During the surgery, the surgeon uses Mako’s robotic arm to remove arthritic bone and cartilage from the knee. The Mako SmartRobotics™ system provides real-time data throughout the procedure, allowing the surgeon to continuously monitor the movement and tension of the new joint. The AccuStop™ technology offers tactile resistance, helping the surgeon stay within the defined boundaries and make precise cuts as planned.

Despite being a major operation with inherent risks, advances in technology have significantly improved outcomes. In clinical studies, compared to manual surgery, Mako SmartRobotics™ for partial and total knees resulted in:

- More accurate implant placement, which may result in improved outcomes and functioning of the knee.
- Less pain in the days and weeks following surgery.
- A shorter hospital stay.
- Quicker recovery.

## Knee Replacement at OCH

Susie Gearty had been dealing with knee pain for over four years.

It started in high school when she tore cartilage in her leg during a gym class injury. Over time, she believes the inflammation led to arthritis in her kneecap. For the past decade, Susie’s jobs in assisted living facilities and private caregiving kept her on her feet and very active.

Unfortunately, in the last six months, the pain significantly worsened. Susie began receiving knee injections, but with each appointment, they became less effective. By the last visit, they had to remove a significant amount of fluid from her knee.

*“I knew I was going to need a knee replacement. I had heard great things about Dr. McGinnis from others and wanted him to do my surgery in the new surgery center. Once I saw him for a consultation, everything was so smooth and organized—it went like clockwork.” Susie shared.*



Dr. Mark McGinnis with First Assist Chris Swift, APRN performed OCH’s first surgery on the Mako on July 29th



Susie with Dr. Mark McGinnis before her surgery on July 31st



## Joint Camp

Before Susie even stepped into the operating room, her path to a successful knee replacement began with OCH's Joint Camp — a comprehensive "Pre-hab" program she attended before her surgery. There, she gained valuable insights and tips to ensure there were no surprises and that she was fully prepared.

In 2016, OCH began this program for all hip and knee procedures, which offers patients a comprehensive, half-day session that streamlines pre-surgery preparation about two weeks prior to their surgery. During this session,

patients will complete all pre-admission testing — including lab work, EKG, and a chest X-ray — in a single visit, making the process more convenient and less stressful. Patients get to meet with physical therapy that day and get educated on essential information like home modifications prior to surgery, what to do the day before surgery, and what to bring with them on the day of the procedure.

The program also covers basic movements they'll need to be doing at home during their recovery like getting out of a chair, using a walker, and navigating stairs safely. Our team also makes sure the patient plans out transportation for the ride home, that their therapy is pre-scheduled, and that they have a support system in place to assist in their recovery.

All patients meet with Anesthesia and have the option to have lovera at Joint Camp, which should ease pain and make exercises easier post-surgery. lovera is a safe, FDA-approved, innovative pain relief treatment, which uses extreme cold to stop nerves from sending pain signals to your brain.

**"Our goal is to make surgery day stress-free, so you don't have to worry about anything,"** says Jarrod Evans, PTA one of the OCH Joint Camp coordinators. **"With everything taken care of before surgery all you have to do is get here, get your new knee, and go home."**

## Path to Recovery Post Surgical Rehabilitation

After joint replacement surgery, you can choose where you do rehab, but we encourage patients to continue with OCH Physical Therapy for the most seamless and comprehensive care.

Our Physical Therapy team works closely with Dr. McGinnis and the entire Orthopedic team, ensuring a coordinated approach to each patient's recovery. The reduced pain from the Mako total knee replacement allows for quicker mobility, shortening the overall recovery time. While every patient's recovery is unique, many should be back to their normal activities within 4 – 6 weeks, provided they follow their physician and rehab team's recommendations.

Susie Geary chose to continue her rehabilitation with OCH's Physical Therapy Department, attending sessions three times a week. "I actually looked forward to my rehab - I wish I could have gone every day!" Susie shared. "I could see myself improving with each session. The team is fantastic; they push me and coach me to do things the right way, that I couldn't do by myself."

Thanks to this dedicated care and her being compliant with her care plan, Susie has been recovering remarkably well. She was able to ditch her walker after the first week, and shortly after that the therapists noticed that she walked even better without her cane.

In her spare time, Susie does "Travel with Susie" where she plans the itinerary and invites other locals to join her on chartered bus trips. She's been doing this for the last 6 years and plans roughly two every year. Just a little over three weeks after her surgery, she led a tour group of 44 people down to Nashville to see Vince Gill at the Grand Ole Opry. Without needing a cane or walker, she had a great time and was grateful that her recent surgery didn't interfere with the trip. She made sure not to overdo it though, while the group shopped at Opry Mills mall, she opted for a more relaxed approach, sitting and socializing with friends over a drink and some nachos with some friends rather than being on her feet.



Susie receiving post-op rehab from Samantha Mayes, PT with OCH – Physical Therapy

Susie has lived in Ohio County all her life and she remembers when she was 10 years old and got her tonsils taken out at OCH.

**"This organization is near and dear to me,"** says Susie **"I've seen it grow over the years, we're incredibly fortunate to have this great facility in our small community. If you're considering knee replacement surgery, don't put it off! From my first doctor's visit to rehab, the personal care, compassion, and expertise I received made it clear that choosing Dr. McGinnis and Ohio County Healthcare was the best decision I could have made."**



# iovera®

If you're experiencing osteoarthritis (OA) knee pain or are considering (or unable to have) knee replacement surgery, **iovera®** may be the immediate pain relief solution you've been looking for. This safe, FDA-cleared treatment is now available through our anesthesia department at Ohio County Healthcare.

Please talk to your orthopedic or primary care provider if you are interested in a referral for the **iovera®** treatment.



## Behavioral Health



### FAMILIAR FACE. NEW PLACE.

**Shannon Casey, PMHNP, APRN, is now seeing behavioral health patients!**

We're excited to announce that Shannon Casey, PMHNP, APRN, is now available for weekly behavioral health appointments in both Fordsville and Beaver Dam! Ms. Casey will also continue to see walk-in patients at our Quick Care location in Hartford.

Prioritizing your mental health is the first step toward a brighter tomorrow!

**To schedule an appointment with Ms. Casey or any of our Behavioral Health team members, please call 270-274-9222.**

**Ages 6 and up welcome!**

**Fordsville**  
44 W. Main St.  
**Beaver Dam**  
1621 N. Main St.



## Pain Care

### Radiofrequency Ablation

#### Say Goodbye to Chronic Nerve Pain

Are you tired of living with chronic back and neck pain? Check out our Radiofrequency Ablation procedure! This simple, minimally invasive treatment involves heating up a nerve to block its pain signals, giving you the potential for long-term relief.

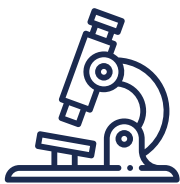
#### How it works:

After numbing the area, we guide a thin electrode to the source of your pain using a special video x-ray. A quick zap of radiofrequency current creates a tiny burn on the nerve, effectively stopping those pesky pain signals from reaching your brain.

Once the procedure is done, you'll be monitored for a short time before heading home with just a small bandage. While some soreness is normal, you can expect gradual pain relief in the weeks to come.

Ready to take control of your pain? Let Ohio County Pain Care help you feel better! **Call 270-298-5455**





# LAB UPDATES

We're excited to share some important improvements in the lab that will help make testing faster and more accurate for our patients.

- **New Chemistry and Coagulation Analyzers:** In early November, we introduced two Vitros XT 7600 analyzers, known for their ability to automate and streamline several lab processes.
  - We can now offer in-house testing for Testosterone, PSA, Vitamin D, PTH, urine microalbumin/creatinine, and rubella. These tests will be processed daily, cutting down wait times since we no longer need to send them to LabCorp, which could take a week or more.
  - More Tests Soon - we'll be adding more tests like procalcitonin and additional hormones (FSH, LH, Estradiol), once we're fully integrated with our LIS (Laboratory Information System)



New Draw Room at OCH Main Campus

- **Expanded Lab Draw Area:** To reduce wait times for routine blood draws, we've added a new room with additional phlebotomy chairs and privacy curtains. This upgrade allows us to accommodate multiple patients simultaneously, improving efficiency and providing a more comfortable, faster experience for everyone.

## Physical Therapy



At least 1 in 3 women will experience a pelvic floor disorder in their lifetime.

We understand the sensitive nature of pelvic health issues and offer this service in a private room.

### Pelvic Health Services

- Bowel Urgency/Leakage
- Constipation
- Diastasis Recti
- Interstitial Cystitis
- Organ Prolapse
- Pain with Intimacy
- Pelvic Pain
- Pregnancy-related Pain
- Scar Tissue Healing (C-section-internal scars)
- Tailbone Pain
- Urine Urgency/Leakage

## Pelvic Health Physical Therapy

Providing care for improved bladder, bowel, and sexual function.

Our Pelvic Health Team members have taken additional training courses to be qualified to treat pelvic health issues. Through targeted exercises and specialized techniques, our therapists help improve core stability and restore

proper pelvic function, promoting better posture and movement.

No matter the stage of your recovery, pelvic health therapy is designed to help you regain control and confidence in your body.



270-298-5426 | [ochcares.com/rehab](http://ochcares.com/rehab)



## Whooping Cough is on the rise in Kentucky.

### What is Pertussis?

**Whooping Cough – *Bordetella pertussis* (*B.pertussis*)** is a highly contagious respiratory tract infection. It can be marked by a severe hacking cough followed by a high-pitched intake of breath that sounds like a “whooping cough.”

### Symptoms

Once infected with pertussis, it takes about 7-10 days for signs and symptoms to appear. The symptoms are usually mild at first and resemble the common cold.

After a week or two, symptoms worsen. Thick mucus accumulates inside the airway, causing uncontrollable coughing. Severe coughing can cause extreme fatigue, provoked vomiting, and the “whooping cough”. Infants may not cough at all but struggle to breathe.



### Prevention of transmission in the healthcare setting involves:

1. Vaccination is important. Contact your local medical provider or public health department for vaccination.
2. Hand hygiene
3. Rapid diagnosis and treatment
4. Administering post-exposure prophylaxis to persons exposed to pertussis.

**If you believe you may be exposed to or infected with B. pertussis, contact your medical provider immediately for diagnosis and treatment.**

## NEED HELP QUITTING TOBACCO?

### Talk with our Tobacco Treatment Specialists

Tobacco Treatment Specialists (TTS) are individuals trained to help tobacco users with their nicotine addiction. Kentucky has one of the highest rates of smoking and tobacco use in the nation, which is a key reason why Ohio County Healthcare has made tobacco cessation a primary focus in our communities. OCH is committed to improving health outcomes, reducing medical costs, and lowering cancer mortality rates.

Our TTS conduct one-on-one phone consultations to discuss an individual's history with smoking, vaping, or nicotine pouches, as well as share skills to treat their nicotine dependence. The TTS helps the

individual set attainable goals, continues follow-ups to check their progress, and will discuss Nicotine Replacement options with the patient's provider or pharmacist as needed.

**This is a FREE service.** Our specialists are available on weekdays: 8 a.m. to 4:30 p.m.

Participants can self-refer by calling a TTS dedicated line at 270-298-7496 and if unavailable, may leave a voicemail message.

Providers may also fax the completed form to 270-298-9506 and a TTS will contact the patient.



Scan to Register Online

### ABOUT OUR TTS

Our specialists complete a course through UK HealthCare's BREATHE program, which includes 27 hours of training, assignments, and evaluations.

Please reach out to our Treatment Specialists at 270-298-7496





If you are struggling to manage your chronic conditions, talk to your primary care provider about our Chronic Care Management program!

## Success Story from our CCM Program

**Geneva W.** enrolled in this program in September of 2022 and initially struggled with blood sugar, blood pressure, and sleep apnea. Through the program she was educated on how to best manage her conditions and they began to gradually improve.

On a follow up phone call, she mentioned sores on two toes that were showing discoloration. Due to her health history, our CCM nurse immediately informed Cara Hayden, APRN, and then arranged for her to see a provider in the office the following day.

This visit then led to an ultrasound showing that she had a 90% blocked artery in her leg requiring a stent to be placed immediately. Without the quick response time of our CCM staff members and our providers, Geneva could have potentially lost her toes and then eventually her leg.



If your primary care provider works at **Hartford or Butler County Family Care**, please contact **(270) 298-5211**.



If your primary care provider works at the **Beaver Dam Family Care or Fordsville Area Medical Clinic**, please contact **(270) 298-5199**.

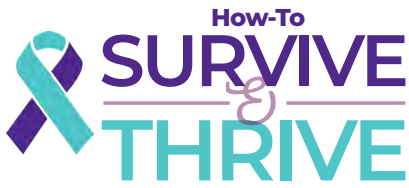
## Join Our Team!

### We're Hiring!

- APRN (PMHNP)
- APRN - Gastro Clinic
- Certified Pharmacy Tech (CPHT)
- Lead Adult In / Outpatient Therapist
- Medical Assistants - various clinics
- Office Manager - Gastro Clinic Owensboro
- RN/LPN/MA Float - Family Care
- RN/LPN/MA - Pain Management
- RN/LPN - Gastroenterology
- RN - Emergency Department
- RN - Hospice
- RN - Hospice Supervisor
- RN - Outpatient
- Skilled Maintenance
- X-Ray Technician (Full-Time + Part-Time)
- Many more PRN postings also online



Please apply online at [ochcares.com/careers](https://ochcares.com/careers)!



OCH contributed to the planning, sponsoring, and staffing of the 5th Annual Suicide Prevention Event: How-to Survive & Thrive at Ohio County Park on Saturday, September 7th. Through this event we were able to raise awareness of suicide, give tribute to loved ones lost, and promote self-care and resilience in learning new life skills!



# September Sidewalk Social

OCH hosted a September Sidewalk Social on Monday, September 30th in celebration of our new sidewalks! Participants were able to do wellness walks around the block to be entered to win a Fitbit Inspire. Other fun activities included a chalk contest, walking tacos, caramel apples, and an obstacle course!

Thank you to those who came to enjoy the event!



Susie Geary & Rick Smith. Check out Susie's Journey with her full knee replacement on page 8-9. Susie walked the whole block easily with no problems with her new knee.

# LARGE BUSINESS AND CHAMBER MEMBER OF THE YEAR AWARDS



*Congratulations*

OCH was proud to be a platinum sponsor of the 2024 Ohio County Chamber of Commerce Christmas Gala on December 12th.

Ohio County Healthcare was awarded Large Business of the Year and Chamber Member of the Year! We appreciate our Chamber's continued dedication to keeping our community healthy and thriving. Thank you to everyone who voted and most importantly we thank our patients for trusting us with their care!



## OCH sponsored the local AARP chapter meeting



On November 26th, Dr. Henning was the guest speaker at the monthly AARP meeting and he spoke about joining our organization and the services he will be providing.

# RITATSU MANUFACTURING CLINIC

On Wednesday, October 16th and Thursday, October 17th the Mobile Access Clinic provided Flu Shots, Covid Shots, Biometric Screenings, and healthcare information to the employees at Ritatsu Manufacturing in Beaver Dam, KY. OCH also provided lunch both days to the employees!



## Pumpkin Spice AND SCREENING IS NICE

### 3rd Annual Women's Health Day

OCH partnered with the Kentucky Cancer Program – West to host the 3rd Annual Women's Health Day!

This event was designed with the intention of empowering women to make their health and well-being a top priority. We had over 300 participants attend!







# HALLOWEEN FESTIVITIES

## BUTLER COUNTY FAMILY CARE



Butler County Family Care participated in the Mayor's Monster Mash handing out treats to the community!



## BEHAVIORAL HEALTH



Our Behavioral Health team handed out goodies and info during the Beaver Dam Trail of Treats on Wednesday, October 30th! The Behavioral Health clinic also did a team building lunch and decorated pumpkins for the lobby and enjoyed some homemade chili.

## PEDIATRIC THERAPY TRICK OR TREATING



The Pediatric Therapy team celebrated Halloween with their patients by trick or treating with them throughout departments in the hospital! Picture: Kasee Paxton (Employee Health) and her son Jack



## DOWNTOWN BUSINESS OFFICE

Wayland Elementary stopped at the OCH Business Office downtown for trick or treating on Thursday, October 31st!

## OHIO COUNTY FAMILY CARE HARTFORD

OCFC - Hartford participated in the Caretenders pumpkin decorating contest for Halloween and won 1st place! Their pumpkin was decorated as the "Stay Puff" Marshmallow Man from Ghostbusters.



Sarah Beth Cole (Director of Family Care Services) was given a check up by visiting Trick-or-Treater CashLynn (daughter of Chevie Conner - Orthopedics)



Janis Jones, Susie Geary, and Shelly Casteel passed out cookies and hot cocoa to those in attendance

To bring light into a dark time during 2020, The Evans' family began to decorate the 40 ft. pine tree at the corner of Clay & McMurtry which stands in front of their home and business, Little Friends Daycare. In 2022, Ohio County Healthcare and the City of Hartford joined Little Friends Daycare to keep this tradition alive. On Tuesday, December 3rd, OCH held the annual tree lighting and provided cookies and hot cocoa to families present. We hope this brought joy to all community members!

## Holiday Stars

Each OCH department was given the opportunity to decorate a wooden cut-out star to spread Christmas cheer and boost morale. These festive stars were placed in front of the Education Center and Quality House along Clay Street, as well as along McMurtry Ave. in front of the HR House.

This year we chose a "STAR" theme in honor of our 5 - Star Patient Experience Rating from CMS.



Health Information Management (HIM)



Rehab Services

Staff were given the chance to cast their votes for the following categories: Most Festive, Most Creative, and Best Overall. A total of 267 votes were accounted for!

### 2024 Beaver Dam Christmas Parade

The Mobile Access Clinic was decorated in a gingerbread theme for the 2024 Beaver Dam Christmas parade that occurred on November 30th!



### SANTA'S WORKSHOP

OCH's Rehab team held a Santa's Workshop themed event for their pediatric therapy patients with special sensory needs and those without.

Food and activities were specially chosen to create a calm but engaging experience for all that attended. OCH was glad to be a part of making fun memories in a safe environment!



Hayes Millsap and Shelby Jo Cecil, SLP

Rhydian Januosek and Madeline Phelps, SLP



## HOPE FOR THE HOLIDAYS

"Perhaps they are not stars, but rather openings in Heaven where the love of our lost ones pour through."



On December 9th, Hospice of Ohio County held their annual "Hope for the Holidays" memorial event at the UK Cooperative Extension Office in Hartford.

The Ohio County High School FFA provided the memorial dinner, special music was provided by Kaden White, a message of hope was given by Bro. Glenn Armstrong and a candle lighting was held honoring loved ones lost this past year.



### The Auxiliary Book Cart



The OCH Auxiliary purchased a book cart for all to use! Books and magazines are free to keep or borrow!

The cart is supplied with books donated from our Auxiliary members, the OC Public Library, and community members. Donations of gently used/appropriate books can be dropped off in the gift shop!

You can find the book cart parked outside the hospital gift shop 24/7!



### Bear Donation



The OCH Auxiliary purchased 500 additional teddy bears that will be given to many of our OCH pediatric patients.

### HOLIDAY OPEN HOUSE

The OCH Auxiliary had their Holiday Gift Shop Open House on Wednesday, November 13th. Cookies and coffee were served among the many holiday shoppers, along with a personalized charm bar available for participants!

**We had over \$14,000 in total sales!**

### Other Exciting Happenings.

- The Auxiliary raised \$537 from the online Linen Sale and \$3,384 from the White Daisy Boutique sale to be put back into the Auxiliary fund to enhance patient and staff experience.
- The Auxiliary volunteered during the Women's Health Event in October by serving food and making sugar scrubs.

### The OCH Auxiliary's annual holiday gathering at The Willow Room



Our volunteers wrapped up this festive season enjoying delicious food catered by The Traveling Table LLC., along with other fun activities.

For over 55 years our hospital's auxiliary has been making a difference through volunteering and fundraising. We had a successful 2024 and are excited to continue making a difference in 2025.

Interested in joining our auxiliary family? Reach out to us on Facebook or give us a call at 270-298-5207 — we'd love to have you!



### Gift Shop



**OPEN WEEKDAYS  
9 AM - 3 PM**

\*We're closed when schools close for inclement weather.

# FEBRUARY FREEZE 5K WALK/RUN

OCH is proud to be a GOLD sponsor of the 2025 February Freeze 5K walk/run event.

Registration fee:  
\$25 from January 31st to February 14th, and  
\$30 on the day of the race.

To join in this amazing experience, you can sign up for the race at [ohiocountyfwc.com/sign-up/](http://ohiocountyfwc.com/sign-up/)



**Saturday, February 15th  
at 8 am.**

The race will begin and end at the  
OC Family Wellness Center  
301 Frederica St, Hartford, KY 42347.



Get ready and be the first to check out the fresh spring styles from White Daisy Boutique.

All are welcome to come shop and employees may use payroll deductions! Proceeds from this event will benefit the OCH Auxiliary fund.

Thursday, March 13th | 7 am - 4 pm

Location: OCH Front Lobby

*See you there!*

# Spring SHOP & SCREEN

BLOOM INTO SELF-CARE AND WELLNESS

Saturday, March 22nd | 9 am - 2 pm

Location: Ohio County High School

Grab your favorite ladies and join us for a day filled with fun and wellness! Explore local shops, practice self-care, and learn about essential health screenings—all in one convenient location. Don't miss this blooming opportunity to support local, prioritize your health, and enjoy a great time together!

This event is free and open to the public.



Attendee Registration  
[bit.ly/42EUPMW](https://bit.ly/42EUPMW)



Vendor Registration  
[bit.ly/4jIUkrs](https://bit.ly/4jIUkrs)



SAVE THE  
DATE

Saturday, April 26th 2025

10 am - 2 pm

At Ohio County High School

This event is free and open to the public.



Celebrate  
the  
Child

LET'S EXPLORE

UNDER

THE SEA

## Primary Care

### OHIO COUNTY FAMILY CARE HARTFORD

20 E. McMurtry Avenue, Hartford, KY  
270-504-1300

Bruce Durham, MD  
Steven Mills, DO  
Bailey Phelps, MD  
Colette Johnson, APRN

### OHIO COUNTY QUICK CARE

20 E. McMurtry Avenue, Hartford, KY  
270-504-1300

Shannon Casey, APRN  
Kim Gilstrap, APRN  
Melinda Milam, APRN  
Dana Nall, APRN  
Deanna Tarter, APRN

### OHIO COUNTY FAMILY CARE BEAVER DAM

1313 N. Main Street, Beaver Dam, KY  
270-274-9928

Cara Hayden, APRN  
Michelle Osborne, APRN  
Amber Westerfield, MD

### FORDSVILLE AREA MEDICAL CLINIC

44 W. Main Street, Fordsville, KY  
270-276-9953

Angel O'Quinn, DO  
Terra Roberts, APRN

### BUTLER COUNTY FAMILY CARE \*\*NEW LOCATION\*\*

1238 S. Main Street, Morgantown, KY  
270-526-3137

Bruce Durham, MD  
Donna Embry, APRN  
Jordan Pharris, DO

## Specialty Care

112 E. McMurtry Ave., Hartford, KY  
270-298-7225

### GASTROENTEROLOGY

Charles Riccio, MD

1211 Old Main St., Hartford, KY  
270-298-5178

### SLEEP MEDICINE

Daniel Walker, APRN  
Michael Zachek, MD

## Specialty Care (cont.)

1621 N. Main St., Beaver Dam, KY  
270-274-9222

### BEHAVIORAL HEALTH

#### On-Site

Shannon Casey, APRN  
Michelle Hickerson, APRN  
Lisa Wolfenbarger, LPCC-S

#### Telehealth

LaShonda McAdams, APRN  
Jacqueline Rice, PMHNP-BC  
Kellye Singletary, MD  
Monique Upton, MD

1215 Old Main St., Hartford, KY  
270-730-5344

### AUDIOLOGY

Susan Driskill, Au.D.

### CARDIOLOGY

Joshua Skibba, MD

### EAR, NOSE, & THROAT

Rowgena Cain, APRN  
John Ruth, MD  
Paul Tennant, MD

### GENERAL SURGERY

Michael Campbell, MD

### PAIN MANAGEMENT

Shawn Sikka, MD  
Cindy Waltz, APRN

### WEIGHT LOSS MANAGEMENT

Nicole Akers, MD

### WOUND CARE

Nicole Akers, MD

1313 N. Main St., Beaver Dam, KY  
270-274-9928

### GYNECOLOGY

Elizabeth Ottman, MD  
Lisa Wimsatt, APRN

20 E. McMurtry Ave., Hartford, KY  
270-504-1300

### ORTHOPEDIC & SPORTS MEDICINE

Glenn Henning, DPM    Jan Bickett, APRN  
Mark McGinnis, MD    Chris Swift, APRN  
Mikel Tihista, MD

## Owensboro Locations

### LANDMARK DIGESTIVE HEALTH

3112 Fairview Dr, Owensboro, KY  
270-922-2500

### GASTROENTEROLOGY

Miguel Lalama, MD  
Brittany Davidson, APRN

### MIDWEST ENT

2841 New Hartford Rd, Owensboro, KY  
270-691-6161

Thomas Logan, MD  
Matthew Taylor, MD  
Theresa Rhineburger, APRN  
London Roberts, APRN

### AUDIOLOGY

Alissa Gable, Au.D.  
William Speer, Au.D.

### WOMEN'S HEALTHCARE PARTNERS

2851 New Hartford Rd, Owensboro, KY  
270-688-6035

### GYNECOLOGY

Elizabeth Ottman, MD  
Misty Powers, APRN  
Lisa Wimsatt, APRN

### OCH – VILLA POINT

3500 Villa Point Dr., Owensboro, KY  
270-691-0059

### GASTROENTEROLOGY

Charles Riccio, MD

### GENERAL SURGERY

Michael Campbell, MD

### ORTHOPEDIC & SPORTS MEDICINE

Mark McGinnis, MD  
Chris Swift, APRN

### PAIN MANAGEMENT

Cindy Waltz, APRN

### SURGICAL PODIATRY

Glenn Henning, DPM

## Hospital Services

### EMERGENCY MEDICINE / HOSPITALIST | 270-298-7411

### PATHOLOGY

Brian Ward, MD

Nicole Akers, MD    PatrickJason Panzu, MD  
Alex Argotte, MD    Jonathan Rey, MD  
Bethany Burkhart, MD    Ray Rowland, MD  
Kevin Gregory, MD



Ohio County  
**HEALTHCARE**



**PATIENT  
EXPERIENCE**

**PROUD TO HAVE A**

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**5-STAR**

**PATIENT EXPERIENCE RATING**

from CMS's patient survey (HCAHPS)