



## Preparation Instructions: Paracentesis

### Seven (7) days before your procedure

**Stop:** (Unless otherwise instructed by your Physician)

- > NSAIDs including: Aspirin, Ibuprofen, (Motrin, Advil), Naproxen (Aleve, Naprosyn), Goody's and similar medications.

**Take:**

- > All regular medications (especially blood pressure/ cardiac, seizure, cholesterol, anxiety and pain medications etc.
- > Acetaminophen (Tylenol)

For blood thinners such as Plavix, Warfarin (Coumadin), Heparin, Lovenox, Aggrenox, or Pletal, please consult your physician about stopping these medications before the procedure.

Recent blood work may be necessary before your procedure date (this will be given on the day of office visit if necessary)

### The day before your procedure

**STOP: (In addition to above)**

- > No food or Drink after midnight.
- > You cannot have Paracentesis if you have cough, shortness of breath, fever or chest pain of new onset; call the GI department (270-2987225) if you have any of these symptoms.

**Can Have:**

- > Food and drink up until midnight.

### Day of your procedure:

**NO FOOD OR DRINK!**

**Do Not Take:**

- > Do not eat or drink anything the morning of your procedure.
- > Do not take any medications until after your procedure except blood pressure, heart, or seizure medications (see right).
- > Diabetic pills.

**Take:**

- > If you are on blood pressure, pain, heart or seizure medications please take them at 6AM with a small sip of water. If you are diabetic, check your blood sugar. If greater than 200, take  $\frac{1}{2}$  of your morning insulin. Your blood sugar will be checked before your procedure.