



INSTRUCTIONS FOR

Bravo Capsule with Upper Gastrointestinal Endoscopy

READ ALL INSTRUCTIONS CAREFULLY

YOU WILL NEED A RIDE HOME

Your exam is scheduled for: _____ @ _____.

Be at the hospital by: _____

* Do NOT take any acid reducing medications like Prilosec (Omeprazole), Protonix (Pantoprazole), Prevacid (Lansoprazole), Nexium (Esomeprazole), Dexilant (Dexlansoprazole), Aciphex (Rabeprazole), Zegerid, Zantac (Ranitidine), Pepcid (Famotidine), Tagamet (Cimetidine), Axid (Nizatidine), and antacids (like Tums, Rolaids, Gaviscon, Maalox, Mylanta) **FOR ONE WEEK PRIOR** to this test.

*If you are taking **blood thinning medicines like Coumadin (Warfarin), ASA, Eliquis, Pradaxa, Xarelto or Plavix**, please consult your doctor. You may need to stop these medications for up to 7 days prior to your procedure.

Do not eat or drink (except for your usually prescribed pills) after midnight on the night before your test and please eat **NO BREAKFAST** on the morning of your examination.

*MEDICATIONS

(a) On the evening prior to your examination: Take your usually prescribed medications.

(b) On the morning of the procedure: Bring your medications with you to the procedure. If you are an Insulin Dependent Diabetic, you should take only half of your normal amount of insulin in the morning. Bring the other half to the hospital with you.

* Throughout the test period, the Bravo capsule measures the pH in the esophagus and transmits this information to the pager- sized receiver worn on your belt or waistband. You will be given a diary to write down the times when you have reflux symptoms

(for example, regurgitation, coughing, heartburn,) when eating or laying down.



If you have any questions, please call- 270-298-7225