



Endoscopy Pre-Operative Instructions

The following instructions are provided to help you understand and prepare for your surgery.

Endoscopy Scheduling:

Your pre-surgical evaluation will take place via phone by a representative from the hospital.

If you have not been contacted within 48 hours of your surgery date, please call **(270)-298-5499** between the hours of 6:45-3:15. If you get sick please call your surgeons office or pre-op nurse. (ex. Flu, cold, chest pain).

Medications:

- Please review your medications that you are currently taking with the nurse (prescription and non-prescription, vitamins, anything over the counter, such as herbal medicine or if you are taking any type of street drugs).
- Bring all medication with you on the day of surgery.

You will be instructed on which medicines you should and should not take during your pre-op call with the nurse from Ohio County Hospital Surgical Services.

- Please follow any instructions that you were given from your physician on any medications that were to be stopped prior to surgery.
- Some medicine, such as aspirin, Coumadin or Plavix impair the body's ability to form a clot and stop bleeding.
- Please notify your nurse if you are taking any of these medications.

The Day before Surgery:

- Do not eat or drink after midnight or as instructed at the time of your phone call, this includes water, candy, Gum, dip, chewing tobacco/smoking.

Please be sure to check your messages the evening before surgery for any changes to your arrival time.

The Day of Surgery:

- Please shower the morning of your surgery.
- Do not smoke on the day of surgery.
- Register at the front lobby with an insurance card and photo ID.
- Only two visitors will be allowed in your room at a time.
- If you've been asked to take routine or other medicines on the morning of surgery, please take them with a very small sip of water.
- Wear loose and comfortable clothing.
- Leave jewelry and valuables at home. If you wear contact lenses, please bring your glasses with you and a case to put them in during surgery. Please remove any body piercings.
- Please arrive at the hospital at the specified time.
- Because of urgent cases, your surgery may be delayed. If last-minute cancellations occur, your start time could be earlier than expected.
- A nurse will review your post-operative instructions and prepare you for discharge from the hospital.
- You **will not be allowed** to drive yourself home. Please make arrangements for someone to take you home.

THANK YOU, DR. RICCIO AND STAFF.